Adventures in Wisdom™

A fun life coaching program for empowering kids!

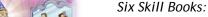
MindPower™ Understand the Power of Your Mind and Why You Achieve What You

Five Skill Books:

- How Your Mind Shapes Your World...and What You Can do to Shape Your Mind
- Power of Possibility Why You Achieve What You Believe (The Good & the Bad)
- Building Neural Pathways How to Create Your Path to Success
- The Secret Radar in Your Brain How to Use Your RAS to Achieve Your Goals
- Power Shifting How to Choose Your Power Even When Things don't Go Your Way



InnerPower™ How to Think for Yourself, Make Good Decisions, and Stand Up to Peer Pressure



- 6. The Power of Self-responsibility How to Be "The Boss of Me"
- Choosing Integrity What You Do When No One is Looking
- Make Your Mark with Respect Understanding Your Impact on Others
- Make Your Mark with Self-respect Understanding Your Impact on You
- 10. How to Make Good Decisions Choosing What You Want for You
- 11. Standing Up to Peer Pressure How to Say "Yes" to You and "No" to Peer Pressure

MePower™

How to Develop Soaring Self-esteem and Powerful Self-confidence

Five Skill Books:

- 12. I Love Me! How to Develop Soaring Self-esteem
- 13. I Honor Me! How to Be Yourself and Honor Your Uniqueness
- 14. I Believe in Me! How to Develop Unstoppable Self-confidence
- 15. Self-talk Mastering the Secret Behind Self-esteem and Self-confidence
- 16. Self-coaching How to Conquer the Day-to-day Ups & Downs & Create Daily Mastery



DreamPower™ Create Your Vision, Achieve Your Goals, & Manifest Your Dreams!

Six Skill Books:

- 17. Creating Your Vision What do You Want?
- 18. Goal Setting How to Turn Your Vision into Action!
- 19. Law of Attraction Using Attraction and Action to Manifest Your Goals
- 20. Visualization How Winning in Your Mind Creates Winning in Life!
- 21. Affirmations How to Program Your Mind to Reach Your Goals
- 22. Gratitude How an Attitude of Gratitude Prepares You for Your Dreams

Slaying Dragons™ Learn to Bust Through Fear, Mistakes, Failure, and Change

Five Skill books:

- 23. Overcoming Mistakes How to Learn from Mistakes and Let them Go
- 24. Managing Fear How to Create Courage and Bust Outside of Your Comfort Zone
- 25. Moving Past Failure How to "Put it in a Box" and Keep on Goin'
- 26. Managing Change How to Embrace Change and Thrive
- 27. Conditional thinking How "if...then" Keeps You from Happiness

